

Daily Meal Plan – 5 Lunches @ \$71.25 (+ GST)

Also available for purchase on Registration Day if not purchased online.

Our catering staff will **individually serve all lunches buffet-style**, ensuring a safe, smooth, and enjoyable experience for all campers. **Water and juice** will be available at every meal, along with **standard condiments**.

We kindly ask that you **review the weekly meal plan with your child** before camp begins. If there's a particular item they don't enjoy or can't eat, please feel free to send a **lunch from home** to ensure they have something suitable. Please note: There is **no per-day charge** for meals, but **missed meals will not be refunded**.

Q: My child has allergies or dislikes some menu items. Can I pack their lunch?

A: Absolutely. Children with allergies, dietary restrictions, or preferences may bring a lunch from home and will still eat with their group.

Day 2 French Toast Chicken Bites Fruit / Vegetables Treat	Day 5 Pasta Day w/ Tomato or Alfredo Garlic Bread Fruit / Vegetables Treat
Day 3 All Beef Weiner & Bun Homemade "KD" Fruit / Vegetables Treat	Day 6 BBQ Hamburgers & bun Potato Chips Fruit / Vegetables Treat
Day 4 Build your Own "Lunchables" Variety of meat, cheese, crackers, buns Fruit / Vegetables Ice Cream Sandwich	

Note on Fruit, Veggies & Treats 🍎🥕🍪

Due to the current cost of fresh produce and products, our daily "**Assorted Vegetables or Fruit**" and "**Treats**" will vary based on what is most cost-effective to purchase each week. This helps us continue offering quality meals while **keeping camp fees affordable** for families. We appreciate your understanding!

Snacks & Food Guidelines 🍎🥤

Feel free to **send snacks with your child**—we have designated snack times built into the daily schedule to help keep energy levels up.

🔔 Important Reminders:

- **We are a nut-free camp.** Please **do not send any snacks containing nuts**, to protect campers with severe allergies.
- **Food and drinks are not allowed in the dressing rooms.** Water bottles are the only exception.
- Spills can damage equipment, so please eat only in designated snack areas.

👛 Need more snack options?

- **Vending machines** are located just outside the Curling Rink area.
- The **main concession** in the NexSource Centre will be open daily.

Thank you for helping us keep camp safe and clean for everyone!